

**"The Friendly Kitchen" Meals on Wheels of Roseburg
November 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For every one who is able, we encourage you join us in our dining room located at 1771 W. Harvard Ave Roseburg OR 97471 (541)673-5929 11:00AM - 12:00PM</p> <p>A donation of \$3.25 per meal is greatly appreciated for those who can contribute, and the menu is subject to change without notice.</p>			1 Minestrone Soup Turkey Sandwich	2 Beef Stew Spinach Salad
5 Chicken Cacciatore Garden Blend Vegies	6 Ham/Potato Omelet Creamed Spinach	7 Porcupine Sliders Baked Beans Roasted Yam	8 ChickBean Tamale Pie Roast Cauliflower Spanish rice	9 Sierra Beef Parsley Carrots English Pea Salad
12 HoneyLemon Chicken Brown Rice Pilaf	13 Vegetable Lasagna Lentils Capri Vegies	14 Salmon Patties Roasted Red Potatoes Waldorf Salad	15 Roast Pork with Mushroom Sauce Lima Beans Scalloped Potatoes	16 Autumn Chicken Green Beans Corn Pudding
19 Beef Stroganoff Egg noodles Garden Blend Vegies	20 Sweet Sour Pork Asian Cabbage Slaw	21 Thanksgiving meal	22 Happy Thanksgiving No meal delivery today	23 Swiss Chard Frittata Green Beans Almandine
26 Chicken Tikka Masala Brown Rice Capri Blend Vegies	27 Meatloaf Mashed Potatoes Buttered Peas	28 Pumpkin Soup Curry Chicken Salad	29 Mac & Cheese w/Ham Peas/Red Cabbage	30 Chicken Fajitas Refried Beans Mexacali Corn