

Meals on Wheels Roseburg "The Friendly Kitchen"

April-2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Alfredo Cascade Blend Vegies	2 Lentil Soup Egg Salad Sandwich	3 Pork Sir Fry Brown Rice Roasted Cauliflower	4 Fish VeraCruz Parsleyed Carrots Creamed spinach	5 Salisbury Steak Mashed Potatoes Lima Beans
8 Chili Con Carne	9 Turkey a la King Buttered Noodles	10 Chicken and Bean Enchilada	11 Pork Meatloaf Ball with Tomato Sauce	12 Porcupine Sliders Baked Beans Cole Slaw
15 Cheesy Noodle Beef Italian Blend Vegies	16 Sweet Sour Pork Rice Roasted Broccoli	17 Baked Chicken Stew English Pea Salad	18 Braised Pork Ribs Macaroni Salad	19 Roast Beef Mashed Potatoes Green Beans Almandine
22 Spaghetti Capri Vegetables	23 BBQ Pulled Pork Baked Yams Green Beans	24 Turkey Tetrzzini Roasted Broccoli Stewed Tomatoes	25 Vegetable Pistou Soup Tuna Salad Sandwich	26 Chicken Rainbow Rice Buttered Peas w/Pearl Onions
29 Biscuits and Gravy	30 Chicken Tikka Masala Mashed Lentils Roasted Cauliflower		<i>Join us in our dining room 11-12:00 1771 W. Harvard Ave. (541)673-5929</i>	<i>A donation of \$3.25 per meal is greatly appreciated for those who can contribute.</i>